

## **Grace Enough: Now and Then!**

Fr. Terry Kristofak, C.P.

So often in my retreat or parish ministry, I have met persons who have a very low perspective of their "spiritual life". As we well know and when we take time to think about it, we have more than we don't have. In fact, Grace abounds. We'll explore what this looks like and how we experience "Grace Enough" in daily life. We have God-given areas of natural strength, and like everyone, we have some areas of our life that need attention. We live in a fast-moving world and seldom take time to think about the Graces that each of us carry and express in daily living. Bishop Ken Untener, the now deceased Bishop of the Diocese of Saginaw, was a great inspiration to me and can offer us inspiration in living in God's grace each day.

**Recommended Reading:** *The Practical Prophet* by Bishop Ken Untener

## **Wonder Where Grace Is?**

Bill Heiden

The question itself holds the answer. The question represents an invitation from God to allow his presence, God's Grace, into our lives. This workshop asks how we can identify Grace in the mess of daily life and explores the possibilities of moving from wondering to wonder.

**Recommended Reading:** *The Ragamuffin Gospel: Good News for the Bedraggled, Beat-Up, and Burnt Out* by Brennan Manning

## **Forgiveness - Who Needs It?**

Ben Winiarski

We have all recited the Lord's Prayer countless times, and each time, we pray: "... and forgive us our trespasses as we forgive those who trespass against us..." It does feel good to be forgiven, but often we judge, hold grudges, and refuse to extend forgiveness to the person who has hurt us. In this workshop, we will consider both sides of forgiveness: the need to be forgiven and the need to forgive. We will share stories of the pain and suffering endured by some people who have been given the grace to forgive in seemingly unforgiveable situations. We will also look at a well-known "Forgiveness Prayer" written by Fr. Robert DeGrandis, S.J. which covers most areas of forgiveness. The grace of forgiveness can set us free.

**Recommended Reading:** *Everybody Needs To Forgive Somebody* by Allen R. Hunt

## **Building Resilience**

Sr. Elaine Betoncourt, C.S.J.

Resilience is not "bouncing back", rather it is "bouncing forward". It is a virtue that we can build. Join Sr. Elaine in a dialogue about the challenges we face in our world, nation, church, and personal lives and how God's grace enables us to be resilient, grow from our painful experiences, and make a difference in building God's kingdom on earth.

### **Recommended Reading:**

*Broken Open: How Difficult Times Can Help Us Grow* by Elizabeth Lesser

*Option B: Facing Adversity, Building Resilience, and Finding Joy* by Sheryl Sandberg and Adam Grant

*Virtue of Resilience* by James D. Whitehead and Evelyn Eaton Whitehead

*Sustainable Happiness* by Sarah Van Gelder

## **The Gift of Pope Francis**

Fr. John Baptist Pesce, C.P.

A workshop exploring the life and personality of Jorge Mario Bergoglio whom we now honor as Pope Francis. Get to know the Pope and his fresh vision for the church and the Christian life.

**Recommended Reading:** *The Joy of the Gospel* and *The Joy of Love* by Pope Francis